

# COCKNEY JOCKS

**COCKNEY JOCKS** originated as the title of a tune composed in 1965. Pipe Sergeant Johnny Haynes of the Pride of Murray Pipe Band, on hearing that the London Scottish Regiment were to be disbanded, composed this tune in their memory. Subsequently they continued as a Company of the 51<sup>st</sup> Highland Division and the tune was awarded second place in a S.P.B.A. competition for march compositions in the same year. Since then the tune has gained popularity and has been recorded by many bands, but unfortunately some players/pipe bands have seen fit to modify the tune to a greater or lesser extent so it no longer is a perfect fit to the dance. To this end I have reproduced the tune, as written by the composer.

The dance was composed in August of 1975 after spending a week with the Pride of Murray on tour in France. Having originally heard the tune at a Pipe Band Competition at Nottingham in 1974, I was able to hear it again (and again, and again, and again ..... ) in France and on returning home composed the dance to the tune.

Each Step is designed to fit a particular Part of the tune, vis. 1<sup>st</sup> Part – 1<sup>st</sup> & 4<sup>th</sup> Steps; 2<sup>nd</sup> Part – 2<sup>nd</sup> & 5<sup>th</sup> Steps; 3<sup>rd</sup> Part – 3<sup>rd</sup> & 6<sup>th</sup> Steps. With this in mind the music should be altered should the dancer decide to shorten the dance to four or five Steps and the correct Parts of the tune used for the Steps involved.

For me there was a lot of enjoyment touring France and in working out the dance. I hope you can find as much fun from the dance,

A handwritten signature in blue ink that reads "Colin Robertson". The signature is written in a cursive, flowing style with a long horizontal stroke at the end.

For the complete Dance the Tune should be played through twice  
with a suitable INTRODUCTION

COCKNEY JOCKS

Composed by P/S J. Haynes

$\frac{4}{4}$  MARCH

The image displays a musical score for a march titled 'Cockney Jocks'. The score is written in a single system with six staves, each beginning with a treble clef. The time signature is 4/4, and the key signature is one flat (B-flat major or D minor). The music is characterized by a rhythmic pattern of eighth and sixteenth notes, with frequent use of beams and slurs. The notation includes various note values, rests, and dynamic markings such as 'f' (forte) and 'p' (piano). The piece concludes with a double bar line and repeat dots.

# COCKNEY JOCKS

(Solo Step-Dance)

**TUNE:** Cockney Jocks  $\frac{4}{4}$

**TEMPO:** 24 Bars per Minute

Counts 4 Beats per Bar to a total of 16

Girls performing this dance as a ladies solo should omit all ARM movements holding their dress lightly at the sides throughout the dance.

## FIRST STEP

Bars	Count	
1	& 1 2 3 <u>4&amp;</u>	Extend RF to 4 <sup>th</sup> Intermediate Aerial position. Hop LF, taking RF to 4 <sup>rd</sup> Aerial position. Hop LF, extending RF to 4 <sup>th</sup> Intermediate Aerial position and return to 3 <sup>rd</sup> Aerial position. Repeat Count 2. Spring onto RF, taking LF to 3 <sup>rd</sup> Rear Aerial position ( <u>4</u> ), Spring onto LF, taking RF to 3 <sup>rd</sup> Aerial position ( <u>&amp;</u> ).
2-3	5 6	Hop LF, extending RF to 4 <sup>th</sup> Intermediate Aerial position. Hold position.
7&8,9&10		Commencing by stepping onto RF in 5 <sup>th</sup> position, execute a Travelling Balance movement, finishing with RF in 4 <sup>th</sup> Intermediate Aerial position.
	11,12	Springing RF, LF execute a Balance movement.
		<b>CLOSE (Right)</b>
4	13 14 15 & 16	Spring onto RF, taking LF to 3 <sup>rd</sup> Rear Aerial position. Hold position. Hop RF, execute a Round-the-Leg movement, taking LF to 3 <sup>rd</sup> Aerial position. Step on LF towards 4 <sup>th</sup> Intermediate position. Close RF in 5 <sup>th</sup> Rear position.

## ARMS

Position	2ndL	3 <sup>rd</sup> -5 <sup>th</sup> -3 <sup>rd</sup>	3 <sup>rd</sup> -4 <sup>th</sup> -3 <sup>rd</sup>	2ndR
Count	1,2,3,4&5,6	7&8,9&10	11,12	12,14,15&16

5-8 &1.....16 Repeat Bars 1 4 Contra.

## SECOND STEP

Bars	Count	
1	1	Disassemble onto LF, extending RF to 4 <sup>th</sup> Intermediate Aerial position.
	<u>2</u> &	Hop LF, taking r Aerial RF to 3 <sup>rd</sup> Aerial position ( <u>2</u> ), Spring onto RF, taking LF to 3 <sup>rd</sup> Rear Aerial position (&).
	3,4&	Commencing with Hop RF instead of Disassemble, repeat Counts 1,2& Contra.
2	5	Hop LF, extending RF to 4 <sup>th</sup> Intermediate Aerial position.
	6	Hold position.
	7&8	Execute a Shake-Shake-Down movement RF to finish with RF in 5 <sup>th</sup> Rear position.
3	&	Jump, sliding both feet to 2 <sup>nd</sup> position, knees straight.
	9	Sliding both feet, Assemble, RF in 5 <sup>th</sup> position.
	&	Step on R Heel towards 2 <sup>nd</sup> position.
	10	Close LF in 5 <sup>th</sup> Rear position.
	&	Step on R Toe towards 2 <sup>nd</sup> position.
	11	Close LF in 5 <sup>th</sup> Rear position.
	&	Step on R Heel towards 2 <sup>nd</sup> position.
	12	Close LF in 5 <sup>th</sup> Rear position.
	&	Extend RF to 4 <sup>th</sup> Intermediate Aerial position.
4	13-16	<b>CLOSE (Right)</b>

### ARMS

Position	2ndL	2ndR	2ndL	1 <sup>st</sup>	2ndL
Count	1, <u>2</u>	<u>&amp;3,4</u>	<u>&amp;5,6,7&amp;</u>	8&9	&10&11&12& .....

5-8 13-16 Repeat Bars 1-4 Contra.

## THIRD STEP

Bars	Count	
1	&	Extend RF to 2 <sup>nd</sup> Aerial position.
	1	Close RFin 5 <sup>th</sup> Rear position.
	&	Step on LF towards 2 <sup>nd</sup> position.
	2	Close RF in 5 <sup>th</sup> Rear position.
	&3&4	Repeat Counts &1&2Contra.
2	&5&6	Travelling directly forward, execute one Progressive Reel movement RF.
	7,8	Travelling diagonally forward to the Left, with two Hops, execute two Outward Brush movements LF.
3	9,10	Travelling diagonally forward to the Right, with a Spring onto LF then one Hop, execute two Outward Brushes RF.
	11,12	Springing RF,LF, execute a Balance movement.

4 13-16 **CLOSE (Right)**

**ARMS**

**Position:** 1<sup>st</sup> 2<sup>nd</sup>R 2<sup>nd</sup>L 3<sup>rd</sup>-4<sup>th</sup>-3<sup>rd</sup>  
**Count:** &1&2&3&4&5&6 7,8 9,10 11,12.....

5-8 13-16 Repeat Bars 1-4 Contra

**FOURTH STEP**

Bars Count

1 &1 Retiring, execute four Hop-Backstep movements. Vis:-  
 Taking RF to 3<sup>rd</sup> Aerial position, Hop LF (&), taking RF via 3<sup>rd</sup> Rear Aerial position, Step on RF in 5<sup>th</sup> Rear position (1).  
&2 Repeat Counts 1& Contra.  
&3 &4 Repeat Counts 1& 2&, finishing with LF in 5<sup>th</sup> Rear position.  
 2 &5 Jump, sliding both feet to 2<sup>nd</sup> position, knees straight (&), sliding both feet, Assemble, LF in 5<sup>th</sup> position (5).  
 6 Jump, sliding both feet to 2<sup>nd</sup> position, knees straight.  
 7 Sliding both feet, Assemble, LF in 5<sup>th</sup> position.  
 & Step on R Heel towards 4<sup>th</sup> Intermediate position.  
8& Close LF in 5<sup>th</sup> Rear position (8), extend RF to 4<sup>th</sup> Intermediate Aerial position (&).  
 3 9 Spring onto RF, pointing LF in 5<sup>th</sup> position.  
 & Step on L Heel towards 4<sup>th</sup> Intermediate position  
10& Close RF in 5<sup>th</sup> Rear position (10), extend LF to 4<sup>th</sup> Intermediate Aerial position (&).  
 11 Spring onto LF, taking RF to 3<sup>rd</sup> Rear Aerial position.  
 12 Hop LF, extending RF to 4<sup>th</sup> Intermediate Aerial position.  
 4 13-16 **CLOSE (Right)**

**ARMS**

**Position:** 1<sup>st</sup> 2<sup>nd</sup>L 2<sup>nd</sup>R 2<sup>nd</sup>L  
**Count:** &1 &2 &3 &4 &5, 6,7 &8& 9&10& 11,12.....

5-8 13-16 Repeat Bars 1-4 Contra

## FIFTH STEP

Bars	Count	
1	& 1 <u>2&amp;</u> 3,4&	Extend RF to 4 <sup>th</sup> Intermediate Aerial position. Hop LF, pointing RF in 5 <sup>th</sup> position. Hop LF, extend RF, with a Shake action, to 4 <sup>th</sup> Intermediate Aerial position. Repeat Counts 1, <u>2&amp;</u> .
2	5 6 7 & 8	Spring onto RF, pointing LF in 2 <sup>nd</sup> position. Hop RF, taking LF to 3 <sup>rd</sup> Rear Aerial position. Hop RF, execute a Round-the-Leg movement, taking LF to 3 <sup>rd</sup> Aerial position. Step on LF towards 4 <sup>th</sup> Intermediate position. Close LF in 5 <sup>th</sup> Rear position.
3	9 10 11 12	Disassemble onto LF, pointing RF in 2 <sup>nd</sup> position. With a ½ rotation to the Left, Hop LF, taking RF to 3 <sup>rd</sup> Rear Aerial position. With a ½ rotation to the Left to finish facing front, Hop LF, execute a Round-the-Leg movement taking RF to 3 <sup>rd</sup> Aerial position. Hop LF, extending RF to 4 <sup>th</sup> Intermediate Aerial position.
4	13-16	<b>CLOSE (Right)</b>

### ARMS

<b>Position:</b>	2ndL	2ndR	2ndL
<b>Count:</b>	&1, <u>2&amp;</u> 3, <u>4&amp;</u>	5,6,7&8	9,10.11.12 .....

5-8 13-16 Repeat Bars 1-4 Contra.

## SIXTH STEP

Bars	Count	
1	& 1 & 2 3 4	Extend RF to 4 <sup>th</sup> Intermediate Aerial position. Assemble, RF in 5 <sup>th</sup> position. Jump, sliding both feet to 2 <sup>nd</sup> position, knees straight. Assemble, LF in 5 <sup>th</sup> position. Sliding both feet, Assemble, LF in 5 <sup>th</sup> position. Assemble, RF in 5 <sup>th</sup> position.
2	5,6 7 & <u>8&amp;</u>	Leap, landing LF in 5 <sup>th</sup> position. Disassemble onto RF, taking LF to 3 <sup>rd</sup> Aerial position. Step on L Heel towards 2 <sup>nd</sup> position. Close RF in 5 <sup>th</sup> Rear position ( <u>8</u> ), extend LF to 2 <sup>nd</sup> Aerial position ( <u>8</u> ).

- 3      9      Spring onto LF, taking RF to 3<sup>rd</sup> Aerial position.  
       &      Step on R Heel towards 2<sup>nd</sup> position.  
       10     Close LF in 5<sup>th</sup> Rear position.  
       &      Extend RF to 4<sup>th</sup> Intermediate Aerial position.  
 11,12   Travelling directly forwards, with two Hops LF, execute two Outward Brush  
           movements RF.
- 4      13-16    **CLOSE (Right)**

**ARMS**

<b>Position:</b>	1 <sup>st</sup>	2 <sup>nd</sup> R	2 <sup>nd</sup> L
<b>Count:</b>	&1&2,3,4,5,6	7&8&	9&10&11,12 .....

- 5-7    &1-12    Repeat Bars 1-3 Contra.
- 8      13      Spring onto LF, taking RF to 3<sup>rd</sup> Rear Aerial position.  
       14      Assemble, LF in 5<sup>th</sup> position.  
       15      Leap, landing RF in 5<sup>th</sup> position.

**ARMS**

<b>Position:</b>	1 <sup>st</sup>
<b>Count:</b>	13,14,15